Thank you for choosing 22 Designs' Lynx NTN telemark bindings. Your new bindings will bring your skiing and touring to a new level, enjoy! If you have any questions or need service please contact us: info@twentytwodesigns.com

(208) 538-0084 or (866) 733-0553 toll free

See www.twentytwodesigns.com/tech for more information. WARRANTY

The Lynx telemark bindings, made by TwentyTwo Designs LLC, are guaranteed to be free from manufacturing defects for two years from the date of purchase. If a part fails during this period, contact us for a replacement at no charge. If a part fails after this period, contact us for a replacement at a reasonable charge. Normal wear and tear is not covered under warranty.

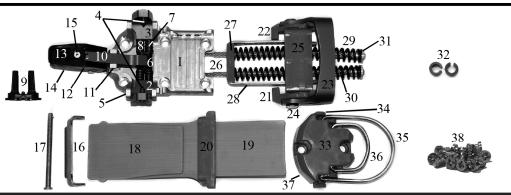
-Never apply anything that sprays from a can or contains solvents to your bindings; it could severely damage the plastic pieces of the binding. NEVER USE LOCTITE® WHEN MOUNTING.

WARNING

Skiing is an inherently hazardous and dangerous sport. The user of TwentyTwo Designs LLC products is personally and solely responsib for learning proper skiing techniques and exercising good judgment. Use of Twenty Two Designs LLC products is at your own risk. Lynx telemark bindings do not have a TUV-certified (DIN) release. Injury and even death can occur while skiing from any number of causes, i.e. avalanches, snow conditions, unseen obstacles, equipment failures, weather, etc. If you ski long enough, you will eventually get hurt. Always ski in control to help protect yourself and others.

Our bindings are designed and built in Driggs, Idaho, USA

BINDING ANATOMY



14- Lock Spring (hidden)

- 1- Base
- 2- Left Arm
- 3- Right Arm
- 4- Tech Pins
- 5- Arm Hinge Pins (hidden)
- 6- Mates
- 7- Mate Pins 8- Tech Springs
- 9- Boot Stop
- 10- Front Lever
- 11- Front Lever Hinge Pin
- 12- Lock Hinge Pin 13- Lock
- 24- Claw Rivets 25- Slide Block
- 15- Lock Rivet 28- Spring Strap 29- Springs
- 16- Pivot Strap 17-Slic Pin 30- Cable Spacers
- 18- Flex Plate 31- Top Hats 19- Main Plate 32- Power Spacers
- 33- Heel Plate 20- Cam Stop 21- Left Cam
 - 34- Heel Key
 - 35-Big Bail 36- Little Bail

27- Cable Guide

- 37- Heel Plate Screw (hidden)
- 38- Mounting Screws

SIZING

• Lynx bindings come in two sizes, and the size must match your boot's size.

• Scarpa and Crispi boots 26.0 and under fit the Small Bindings, 26.5 and up are Large. For Scott/Garmont boots, the size break is between 25.5 and 26.0.

• The binding size is marked on the bar code at the end of the box. The easiest way to tell binding size out of the box is by measuring the flex plates. Size Small flex plates are about 8cm or 3 1/8", Large are almost 9cm or 3 1/2".

NTN SIZING

Scarpa & Crispi Small <26.0 | 26.5> Large

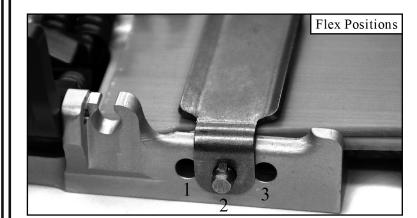
Scott/Garmont Small **<25.5 | 26.0>** Large

FLEX & PRELOAD ADJUSTMENT

- The Lynx has 3 flex settings, with the Slic Pin locating the Pivot Strap at one of three locations. The furthest forward position (#1) will give you a more neutral flex, while the rear position (#3) will give you a slightly stiffer, more active flex.
- To move a Slic Pin, use a small tool or fingernail to press the wedge in, then push the pin into the binding. You can then pull it out the other side by rotating the wedge downward against the bottom of the

Base and wiggling up and down.

• Preload on the Lynx can be adjusted for your skiing style by installing a Power Spacer at one end of the Cables. Size Large bindings allow you to install two Power Spacers, one at each end of the Cable. See next panel for instructions.



INSTALLING POWER SPACERS

• If the bindings have been mounted, remove the Slic Pin, Spring Strap, and Flex Plate. Then pull back on the Claw and lift the front of the Main Plate out of the Base. Slide the Main Plate forward so that the two Springs are visible.

- Shift the Cable to one side by pulling one end of the Cable backward. • Slide the clear Cable Spacer forward.
- Install a Power Spacer by pushing it onto the bare cable in front of the Top Hat, then sliding it back onto the Top Hat.
- If you want a second Power Spacer (Large bindings only), install it on the other
- Cable end by repeating the last step. • Re-center the Cable by pulling on the
- shorter end. • Push the Main Plate back through the
- Slide Block, making sure the Claw is up. • Put the tail of the ski against something solid, and pull back on the Claw to drop the Main Plate back into
- position in the Base. If you have two Preload Spacers installed, you may need extra help pulling the Main Plate back. • Replace Flex Plate, Pivot Strap, Slic Pin.



TOUR MODE

22- Right Cam

23- Claw

26- Cable

The Lynx is a free-pivot tech-toe style binding. Nothing but the boot is lifted while skinning to reduce effort. Spandex not

- To step into tour mode, put your ski on a somewhat flat surface. Press down on the blue claw with your toe to lock it down. Then knock one boot against the other to get the snow out of your tech fittings. • Align the toe of your boot with the black boot stop, keeping
- the boot parallel with the ski. Step down with your toe and ensure that the pins insert into the tech fitting holes. Rotate your boot fully a few times to remove any snow from the fittings.
- Pull up on the lock to lock out the arms.

CLIMBING BAILS

For uphill travel, the spring loaded bails on the Double Heel-Lynx can be flipped up or down with your ski pole. Use your pole handle to lift them, or try sliding your basket quickly forward along the side of your ski to flip the big bail up. The two bails provide lift of about 7 and 13 degrees for a medium-

22 DESIGNS DEALERS The easiest way to get a bombproof binding mount is to have a qualified 22

with mounting positions, etc. See the dealer map on our website for a dealer

FIND MOUNTING LOCATION ON SKIS

Use the boot center line provided by the ski manufacturer, making sure the

center line. For in-depth discussion on mount locations, search the forum at

backcountrytalk.com. Please do not ask us where to mount your skis; we

manufacturer. Most tele skiers now mount with their boot center on the

two skis match. If you can't find a line on the ski, contact the ski

Designs Dealer do it. They will have a 22D Mounting Jig, and be familiar

near you. If you want to mount them yourself, read on...

recommend boot center.

PARTS & ACCESSORIES

Parts and accessories for your bindings are available from your local tele shop or directly from us. Parts are available for a reasonable price, or for free if under warranty. Accessories:

- Ski Straps
- Coil Leashes
- Lynx Ski Crampons in 5 sizes.

• Find your ski's boot center line.

a boot center mark on the template.

Tape the template to the ski.

- Remount kit
- Schwag such as Hats, Hoodies and T-shirts:



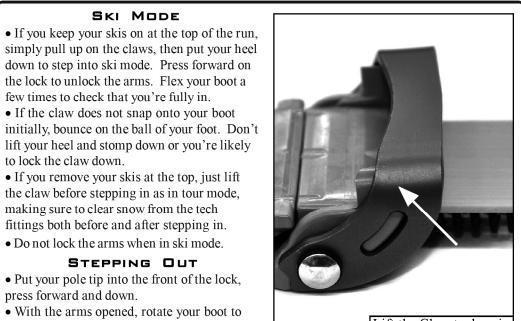
SKI MODE

• If you keep your skis on at the top of the run, simply pull up on the claws, then put your heel down to step into ski mode. Press forward on the lock to unlock the arms. Flex your boot a few times to check that you're fully in. • If the claw does not snap onto your boot

- to lock the claw down. • If you remove your skis at the top, just lift the claw before stepping in as in tour mode, making sure to clear snow from the tech
- fittings both before and after stepping in. • Do not lock the arms when in ski mode.

STEPPING OUT • Put your pole tip into the front of the lock,

- press forward and down. • With the arms opened, rotate your boot to
- exit ski mode.



Lift the Claw to drop in

MOUNTING INSTRUCTIONS

MOUNTING TOOLS



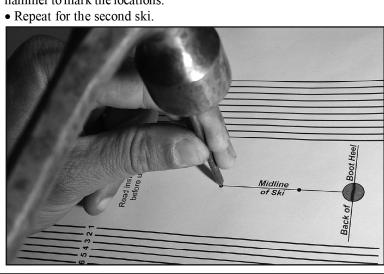
- Drill
- Hammer

- Adhesive Tape Marker
- 9/64" or 5/32" drill bit Razor blade or Knife
- (3.5 to 4.1mm) • #3 Pozidrive Screwdriver

• Tape Measure • Nail or Punch • #12 AB Ski Tap

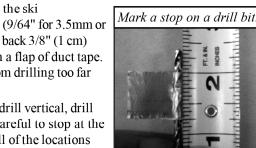
- 4 MARK HEEL PLATE MOUNTING LOCATION • Using the same mounting template align the 'Back of Boot Heel' line over the line that you just marked on your ski.
- Be sure that the template is centered on the ski by using a matched set of parallel lines as you did earlier. • Place a binding over the 6 holes you punched, and a Heel Plate over
- the rear dots on the template. Make sure there is no interference between the rear of the binding and the Heel Plate. • Position a nail or center punch in the center of each of the 2 dots located on the rearward part of the mounting template. Tap them with a
- hammer to mark the locations.

into the Base.



- Using the size of drill bit the ski manufacturer recommends (9/64" for 3.5mm or 5/32" for 4.1mm), measure back 3/8" (1 cm) from the tip and mark with a flap of duct tape. This will help keep you from drilling too far into your skis.
- Taking care to hold your drill vertical, drill holes into your skis. Be careful to stop at the duct tape. Drill holes in all of the locations that you punched.
- not the entire way down. Or take your skis to a ski shop where they can do
- Using a knife or razor blade, clean off any uplifted material from around
- Measure the thickness of your skis at the two rear holes where the Heel Plate will be mounted. If they are not at least 7/16" thick, you'll need to grind down four mounting screws. If that's the case, check the area where the binding itself will be mounted. You may have to grind down all of the screws for kids skis. Shorten the screws so that there is 1/8" from the end of the screws to the bottom of the ski. You can check by putting a screw into the Heel Plate and placing it on the ski. Slide it to one side so the screw comes down at the side of the ski.

DRILL MOUNTING HOLES





- We recommend tapping all drilled holes,
- especially if the ski has a metal topsheet. If screws are installed without tapping, they can widen the holes and make an inferior mount. Use a special ski tap (available online at tognar.com) and tap only the topsheet,
- your mounting holes or old holes.

water, the holes in your skis must be filled with a waterproof adhesive before screwing down the bindings. Use an adhesive recommended by the ski manufacturer, such as slow curing epoxy or waterproof wood • If you are mounting into binding inserts, DO NOT USE LOCTITE®.

Only use clear Vibra-Tite VC-6, or waterproof wood glue.

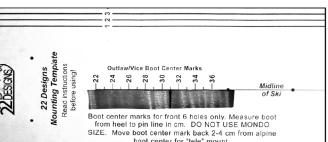
Use a plastic syringe or a match stick to completely fill mounting holes.

MARK BACK OF BOOT HEEL LOCATION

- Divide your boot sole length measurement in half.
- Measure this distance from the ski mount line and mark the back of boot heel line on the ski. If you need to convert cm to inches, divide
- Measure the distance from the tail of the ski to the boot heel mark, and mark the same distance on the other ski.

• Repeat for the second ski.

the locations. Do not mark the two rear dots.



GLUE MOUNTING HOLES

• To hold your mounting screws in and to seal your ski cores from

MARK FRONT MOUNTING HOLES

• Measure the length of your boot sole in cm; use this number to choose

• Align your ski mount line with the correct template boot center mark.

• Align the template side to side on the ski by using a matched set of

parallel lines. Be sure that the template is well centered and straight.

• Position a nail or a center punch in the center of the each of the 6 dots

on the forward part of the mounting template. Tap with a hammer to mark

• Order a clear plastic template from our website, or print a mounting

template from twentytwodesigns.com/tech Measure the dots on the

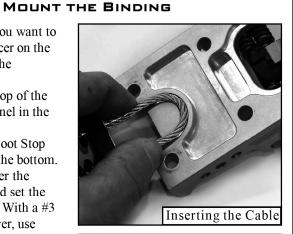
printout to make sure the scale is exact. They should be 1.5" apart.

- Decide whether you want to install a Power Spacer on the Cable, if so follow the
- directions above. • Insert the front loop of the Cable into the channel in the
- Insert the black Boot Stop

into the Base from the bottom.

- Place the Base over the mounting holes, and set the screws in the base. With a #3 pozidrive screwdriver, use considerable downward force to start the screws into the holes. Tighten each screw, then go back and retighten
- Insert the longer Main Plate into the gray Slide Block, smooth side up, and make sure the claw is in the Up position.

each one.

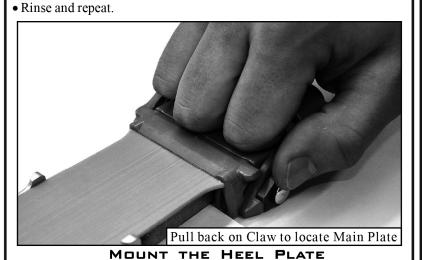




MOUNTING CONTINUED • Pull back on the Claw to set the two rounded tabs of the Main Plate

put the Pivot Strap over the binding and choose your pivot position hole. • Insert the Slic Pin, keeping it straight to align with the hole on the far side. Make sure the barb pops out on the other side of the Pivot Strap.

• Place the Flex Plate on top of the Main Plate with the tabs aligned, then



• Find the Double Heel-Lynx Plates with Bails pre-installed, and mount them into the heel holes. Be sure the bails point backward when down, so the widest part of the plates are forward.

Put a boot in each binding and look If the binding needs to be from the back of the ski. Check to see that the boot heel is in line with the center of the ski. If it looks good, let your adhesive cure for a few hours at room temperature before taking the skis outside.

all of the screws and tighten.

CHECK BOOT ALIGNMENT

<u>realigned</u> Determine which way the binding needs to pivot. Remove the binding

and reapply adhesive into the holes.

Set the binding onto the ski. Tighten a screw into one of the two center holes. With your boot, align the binding straight down the ski and install a screw where the holes in the Base and ski line up the best. Tighten down both screws fully and recheck that the boot heel lines up. You may need to try several 2 hole combinations to get the binding lined up correctly. Next fully tighten a screw into the next hole which lines up the best, and finally install

MAINTENANCE

- Check the mounting screws once or twice a year to make sure they aren't
- If you notice after a season or two that the Claw doesn't snap onto your boot, you may need to install a Preload Spacer to tighten up the Cable.
- Never use anything sharp like a ski pole tip to remove ice from your
- bindings, you could scratch the plastic or Flex Plate. • If your boots get mud or dirt on them while hiking, try to clean them off in the snow before stepping into your bindings. You should also clean mud and dirt off of the bindings and out from underneath the flex plate

REPLACING PARTS

• All available parts can be found our website. Find instructions for replacing parts and more at twentytwodesigns.com/tech END OF LIFE

• Lynx can be repaired indefinitely, but when they reach the end of their useful life, recycle them with your scrap metal, or send them to us to

STAY IN TOUCH

• Get updates on new products, demos, tips, discounts, and more by signing up for our email newsletter on our website or with this QR code:

This will increase the force on the Claw.

after dirty spring skiing.



OTHER MOUNTING TIPS

• Filling holes in previously mounted skis

Use slow cure epoxy to fill old mounting holes in skis. If you have large holes to fill, mix fine sawdust with the epoxy and press it into the holes. Let the epoxy cure and you can drill new mounting holes at least 1/4" away from the old holes.

• If the binding doesn't sit flat on the ski

Make sure all the screws are tight. If they are, and the binding is still not flat, remove the binding. Check to see if the areas around the mounting holes are "volcanoed" up. If they have, remove the uplifted material with a file, knife, or chisel.

• Removing bindings mounted with epoxied screws If the screws won't turn, stop before you strip the screw head (be sure

to use the proper driver for the screw head). Heating the screw will liquefy the epoxy and break the bonds; 1) Put a 7/64" drill bit in a high speed dill backwards so that the flat end is sticking out.

2) Spin the drill at full speed and press down hard for 30 seconds to heat up the screw by friction. 3) Try to remove the screw, if it still won't turn then use the drill to heat the screw further.







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